

# THE CENTRALITE

Central Lutheran Church, 1857 Potter Street, Eugene OR 97403

Office Hours: Monday-Friday, 9:00am-Noon; 1:00-5:00pm

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## JULY 2015



Please remember in your prayers: *LaDonna Belton, Charles Berg, Henry Bretthauer, Larry Campbell, Gerry Evans, Eric Olsen, Phyllis Rosenbaum, D'reen Stewart-Cook, Neal Mandich & John Morse* upon the death of Neal's mother. May faith and trust in our Risen Lord help sustain them in their sorrow.

**ON SUNDAY, MAY 31, THE CENTRAL LUTHERAN FOUNDATION** was pleased to present scholarships to the four high school graduates who applied. The scholarships were the Lloyd and Shirley Hendrickson, Wally and Leva Swanson and two Foundation scholarships. Each is in the amount of \$1000 which will be sent to the schools the students plan to attend.

The recipients were:

Hendrickson - Daviana Smith, planning to attend the University of Oregon

Swanson - Lauren Doxsee, planning to attend the State University of New York at St. Paltz

Foundation - Isaac Meyer, planning to attend Stanford University

Foundation - Michael Baird, planning to attend Renselaer

Please extend congratulations to these deserving students!

## MESSAGE FROM INTERIM PASTOR STAN

I write this early in the morning of the day I fly to Ketchikan, AK to visit my three kids. It will also be a time to get together with old friends, and to say goodbye to a friend who died last week. He was a former parishioner of mine, my age, and he loved to sing bluegrass songs. You can bet we will be singing some of our songs from our “Bluegrass Sundays” at First Lutheran in Ketchikan. “I’ll Fly Away” was one of Tom’s favorites! I also will be flying with a dog. She is a rescue dog Sharon and I picked up in Pendleton, OR on June 13. She is a young German Shorthair Pointer...translated, potential energy ready to vault into kinetic energy at a moment’s notice. So she comes along on the trip to Alaska to continue bonding with Sharon and me, and to not have the trauma of separation so soon after adoption. I have never had a rescue dog before. All shall be revealed☺!

When I return, we will be working together on “Who is Central?” During any interim, it is the interim pastor’s responsibility to help the congregation get an accurate idea of who they are. That identity work has been done with the help of a consultant and the dedicated work of your leadership. But another part of identity work for a congregation is to declare who is still “in”. Who are the ones who declare that they are members and who want to live into this new identity and carry forth the mission and live into the vision of Central? Who are the ones that want to live together into God’s preferred and promised future for Central Lutheran Church?

Later, sometime this fall, we want to ask God to help us cleanse away the negative spirit that accompanied “The Vote” in September of 2012. One of the ways we will do that is to gather in worship some evening, and acknowledge the past and work forgiveness, celebrate what God is doing with us now, and look ahead with hope into God’s preferred and promised future. It is time to allow God to do what only God can do. Cleanse, restore, inspire, empower. As committed members of Central, we need to allow God to do this within us and among us. This will be good.

As I write this I am excited about the opportunity to team up with our new parish nurse, Sally Diehm. Sally’s many gifts will be a blessing to Central. She was a member of our envisioning team, so she is deeply aware of the mission and vision into which we want to grow as a congregation. As well as being an RN, she is trained as a Stephen Minister and as a Eucharistic Minister. Give your own welcome to Sally. We will be commissioning her and the parish nurse team when I return from vacation.

Thursday, June 18, I will be gathering with your personnel committee to look at the development of other new staff that will help us move forward in mission. I am so thankful for the dedicated people on this team. Then I will mow my lawn and hop on a plane.

Have a Blessed summer! Enjoy one another. Grow in love for God and another. Let's allow the living God to continue to help us know 'who we are'. Let's allow the living God to lead us into that preferred and promised future. It is my privilege to walk with you during this time in the life of your church.

**BLOOD PRESSURE CLINIC:** On Sunday June 28th the Parish Nurse Committee will be holding a blood pressure clinic between services. If you attend the 2nd service come 15 or 20 minutes early to have your blood pressure checked. If you have not previously used this service consider checking in with the nurses on the 4th Sunday of each month in the family space at the back of the sanctuary between services. This information will prove useful to you and your physician as we seek to be a healthy congregation.



Ok, so you found a little mold on your food. Now what do you do? I have always been a bit insecure about this, and I think I have some firmer answers now: **Cheeses:** Low-moisture cheeses such as hard cheeses (Parmesan, asiago, Swiss, gruyere and some cheddars) are safe if you just cut off the mold with a border. However, high moisture cheeses (mozzarella, havarti, fontina, brie, cream cheese, cottage cheese and any shredded or crumbled cheeses) should be thrown away if there is any mold on them. The toxins from the mold can go over the surface and down below as well. Moist foods do this more than dry ones. **Other foods?** Same rule of thumb: Soft fruits and vegetables, such as tomatoes, cucumbers, oranges and peaches need to be discarded even if there is just one spot on them. If there is a spot of mold on a slice of bread, toss the whole loaf. (This surprised me.) You are even supposed to toss the bag it came in! Toss the entire container if you find mold on yogurt, sour cream, jams, jellies and peanut butter. Vegetables and fruits with less moisture can be eaten if you cut off the mold plus one inch around it. These include carrots, bell peppers and cabbage. Also be sure to thoroughly wash the knife you used so you don't spread it to other foods. The real rule: "When in doubt, throw it out!" It just isn't worth getting sick. Even if you have been less careful in the past, you might not be so lucky next time! Clarice Bates, RN Source: Weill Cornell Medical College Women's Nutrition Connection, May 2015



# Sierra Service Project

(CLC High School Summer Trip!)

**WHEN:** Sunday, June 28-Saturday, July 4, 2015

(Come give us a blessing and send off at the 8:30 a.m. service that day!)

**WHERE:** Smith River, CA (near Crescent City)

**WHO:** Michael Baird, Isaac Meyer, Lauren Doxsee, Daviana Smith, Clark and Jerik Embleton, Nolan Hart, Mark Murphey (Leaders James & Tina Meyer)

**HOW YOU CAN BE INVOLVED:**

1. Pray for us
2. Send us off with snacks!
3. \$ Donations to the youth program to defray costs
4. Write us notes of encouragement:

(Name)

Sierra Service Project

General Delivery

Smith River, CA 95567

5. **Come to the education hour** at CLC on **July 12** and hear about our adventures!

**Thank you!**



## CLC FAMILY SUMMER RAFT TRIP! SATURDAY, AUG. 8, 2015

Beat the August  
heat with a day on  
the cool McKenzie!



\*Sign up sheet in the Narthex

\*Questions? Email Tina Meyer: [jtimeyer@comcast.net](mailto:jtimeyer@comcast.net)

**THANKS TO THE** Central Lutheran Foundation and Central Lutheran Endowment, camperships (50% of the cost of camp) are available for Family Camp at Camp Lutherwood Oregon this summer! What a wonderful way to have time with your own family as well as fellowship with other Central families! Invite your friends too! They will also receive a 50% campership. There are three Family Camp options: July 3-5, July 17-19, and August 14-16. Bring your whole family to laugh, play, pray and be encouraged as you spend quality time together away from daily distractions. All ages and families are welcome! Register online at: [lutherwoodoregon.org/registration](http://lutherwoodoregon.org/registration) and use the code **central2015** at check out to receive the 50% discount. If you have questions, please call the camp at 541-998-6444 or email [office@lutherwoodoregon.org](mailto:office@lutherwoodoregon.org).



**DINOSAURS TO THE RESCUE!** Saving God's Creation Vacation Bible School Monday-Friday, July 27-31, 9:15am-11:45am at United Lutheran Church, 2230 Washington St. United and Emmaus Lutheran Churches invite children, 3 years old through completed kindergarten, to join them for a fun filled week of learning about God's creation and how we all can protect it. Stories, Games, Songs, Crafts, Dinolicious snacks and a trip to the Cascades Raptor Center!!! There is no charge, but donations are welcome! Registration forms are available at [www.unitedlutheran.org](http://www.unitedlutheran.org) or at Central Lutheran Church office. Questions, call United at 541-342-5808. Please register by July 20.

# CENTRAL LUTHERAN CHURCH

<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>
<p><b>Sunday Worship can be heard at 11:00a.m. on radio station KORE 1050 on your AM dial</b></p>		
<p><b>5</b> 8:30 First Service-- Holy Communion 11:00 Second Service Holy Communion</p>	<p><b>6</b> 1pm Bach Festival Organ Recital— ElRay Stewart- Cook</p>	<p><b>7</b> 7am Meditation Group</p>
<p><b>12</b> Susan Kintner, Assistant to the Bishop, guest preacher 8:30 First Service-- Holy Communion 9:45 Youth Summer Trip presentation 11:00 Second Service Holy Communion</p>	<p><b>13</b> 6pm Christian Education Team  7pm Book Club</p>	<p><b>14</b> 7am Meditation Group 12:15 Finance Committee 5:00pm Worship, Music &amp; Arts</p>
<p><b>19</b> 8:30 First Service-- Holy Communion 11:00 Second Service Holy Communion</p>	<p><b>20</b> 1 Prayer Shawl Knitters Committee</p>	<p><b>21</b> 7am Meditation Group</p>
<p><b>26</b> Dennis Lindsay, guest preacher 8:30 First Service-- Holy Communion 9:45 Blood Pressure Clinic-cry room 11:00 Second Service—Holy Communion Confirmation Camp @ Lutherwood 26-31</p>	<p><b>27</b> Confirmation Camp @ Lutherwood  9:15am-11:45am VBS @ United Lutheran Church</p>	<p><b>28</b> Confirmation Camp @ Lutherwood 7am Meditation Group  9:15am-11:45am VBS @ United Lutheran Church</p>

# JULY 2015

<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>1</b> 6:30am Women's Bible Study 7:00 Men's Bible Study 9:00am-3:00pm Day Camp 6:00 Church Council	<b>2</b> 9:00am-3:00pm Day Camp	<b>3</b> 9:00-Noon Day Camp  Church Office closed—4 <sup>th</sup> of July	<b>4</b> 
<b>8</b> 6:30 Women's Bible Study 7:00am Men's Bible Study 10:30 Bible Study	<b>9</b> 5:30 Transition Team 6:30 Stephen Ministry	<b>10</b> Noon Endowment Committee	<b>11</b> 8am Men's Bible study @ CLC
<b>15</b> 6:30 Women's Bible Study 7:00am Men's Bible study 10:30 Bible Study 6:00pm Church Council	<b>16</b>	<b>17</b> Noon Centralite articles due	<b>18</b>
<b>22</b> 6:30 Women's Bible Study 7:00am Men's Bible study 10:30 Bible Study	<b>23</b>	<b>24</b>	<b>25</b>
<b>29</b> Confirmation Camp @ Lutherwood  6:30 Women's Bible Study 7:00 Men's Bible Study 9:15am-11:45am VBS @ United Lutheran Church  10:30 Bible Study	<b>30</b> Confirmation Camp @ Lutherwood  9:15am-11:45am VBS @ United Lutheran Church	<b>31</b> Confirmation Camp @ Lutherwood  9:15am-11:45am VBS @ United Lutheran Church	



**THE CLC BOOK CLUB** will hold its **annual Salad Potluck Planning meeting on Monday, July 13<sup>th</sup>, at 6:00 PM.** We'll begin with supper and socializing in the parish hall then move to the library to select our books. Please **bring a salad** to share. This is the meeting when we will select the ten books to read and discuss next year.

Please **bring two books** to recommend and be prepared to give a summary of each book and why you think we will enjoy reading it. After a vote and elimination process, we will select the top ten books to read. The books should be available in paperback or inexpensive hard cover. There will be no meeting in August. The next discussion will be on September 14<sup>th</sup>. **New members are always welcome** -- if you've been considering joining the book club, please come to our July meeting even if you don't have a book to recommend.

## MONTHLY FINANCIAL REPORT

	2015	2014	Difference
<b>OFFERINGS:</b>			
Regular Envelope	\$186,534.00	\$166,763.30	\$19,770.70
Other Offerings	\$1,842.00	\$1,866.04	\$(24.04)
Special/Holiday Offerings	\$9,306.00	\$5,705.00	\$3,601.00
Other Income	\$34,094.00	\$24,513.42	\$9,580.58
Departmental Income	\$16,056.00	\$13,155.56	\$2,900.44
Total Income	\$247,832.00	\$212,003.32	\$35,828.68
<b>EXPENSES</b>	\$260,674.00	\$316,055.25	(\$55,381.25)
<b>YTD NET INCOME:</b>	(\$12,841.00)	\$(104,051.93)	\$91,210.93



**THANK YOU FROM FISH**----The totals are in from our May FISH fundraiser. Thank you so much for your thoughts, prayers and donations to FISH. We delivered 14 bags of food to the Food Cupboard and \$1187.00 in cash donations. The FISH Box is located in the mission area by the library so you are welcome to drop off canned food items at any time. FISH is always looking for volunteers to answer the phone for requests for food and you can volunteer for once a month for 2-1/2 hours or every week as your schedule permits. Training is available and you will be amazed at the great group of Christians that keep FISH going. If you have any questions or would like to volunteer please call Norma Edman (541-484-1069) for additional information. Thank you so much for your support.

**DONATIONS APPRECIATED:** We want to replace the carpet in the Sunday school area and the church office. Currently we have \$2500 in the budget; \$1500 anonymous gift; an additional \$1200-\$1500 is needed for this project. If you would like to donate, please make checks payable to Central Lutheran Church with new carpet in the memo line. Thank you.

**ANNUAL SOLICITATION FOR FUNDING SPECIAL PROJECTS:** CLC Endowment Committee is actively soliciting proposals for funding special projects within the church which are outside of the normal budget. Acceptance of these proposals will be guided by the CLC Mission: "To be the hands and feet of Jesus we will LOVE God and one another; NURTURE faithful living; SERVE those in need; and SHARE the Gospel". Request forms may be obtained in the narthex, office or from the Endowment Committee. Your proposal must be coordinated through a committee, council, relevant staff person, and/or pastor. Please have your requests delivered to the office or to the committee by October 1, 2015.

## **PARISH NURSE**

The Personnel Committee takes great pleasure in announcing the Church Council appointment of Sally Diehm, RN as Parish Nurse for Central Lutheran Church. Sally received her nursing education at Lane Community College. Sally is retiring as Centralized Triage Desk Nurse with Oregon Medical Group. She will be attending parish nurse training the end of July. After training Sally will work with the Parish Nurse Committee and other ministries at Central to foster physical, emotional, spiritual and social harmony leading to healthy and healing relationships with God, family and faith communities. Please welcome Sally to this position and keep her in your prayers.

## **PERSONNEL COMMITTEE UPDATE**

The Personnel Committee has been busy being the hands and feet of Jesus. We are in final review of a revised Staff Personnel Handbook which will be forwarded to Council for review and approval later this summer. We have been busy recruiting for our Director of Faith Formation, Coordinator for Young Adult/Campus Ministry and Coordinator for Youth Ministry. We have received several applications for the Director of Faith Formation and will be conducting interviews the week of July 6. There will be an opportunity during the interview process for staff, families and other members of the congregation to meet the candidates. We anticipate having this position filled by August 1. We continue to recruit for the two Coordinator positions. The Personnel Committee is starting work on the Personnel Evaluation System. Please keep the Personnel Committee in your prayers.

## **LIVING STEWARDSHIP: BEING THE HANDS AND FEET OF JESUS**

Summer is upon us and along with summer comes vacation, long weekends, road trips and many things that keep us away from Church on Sunday. Even though we aren't at Central on Sunday, our stewardship of God's money continues. Yes, the bills and obligations to do God's work being the hands and feet of Jesus goes on. Sometimes we forget that we missed a Sunday so we need to reflect that in our contribution the following Sunday. A great way to deal with this issue is to use *Simply Giving*. *Simply Giving* is a wonderful program where you can designate how much, how often and when money is taking out of your bank account and forwarded directly to the church. There is no cost for this program. The *Simply Giving* program is an automated stewardship program that helps you live generously. It's a convenient, safe and simple way for you to make automatic payments to the Church through electronic funds transfer (EFT) directly from checking or savings accounts. *Simply Giving* is a great way to be regular and generous in being the hands and feet of Jesus. You can obtain a *Simply Giving* form from the church office.

**ETHIOPIAN BUFFET** Our Saviour's Lutheran Church, 2200 Coburg Road, is sponsoring an Ethiopian Buffet in support of *Waterto Thrive* for clean water wells in Ethiopia. Event will be held at Sons of Norway Hall, 710 McKinley, Eugene on Sunday, July 26, 2015 from 11am-3pm Cost is \$20 per ticket for all you can eat; \$10 for children under 12. Ticket information available at 541-607-1726 or 541-915-5900. Tickets are also available in the church office.

## **CLC ARCHIVES – UPDATE FROM ELIZABETH UHLIG, ARCHIVIST**

Central's Archives are becoming well-established and this is an update on recent developments. At the May Council meeting, I made a presentation about the Archives, talking about the types and dates of records being preserved, how the records are being stored, future tasks, and the guidelines from the ELCA about keeping congregational archives. The Council approved establishment of the CLC Archives. Another piece of good news was that the Archives' request to the Endowment Committee for funding for electronic equipment was also approved by the Council. Ted Hicks will be advising me on those purchases.

There was a nice article in the Register-Guard on May 26 about the Civil War era bell (the oldest church bell in Eugene) that now hangs outside in the courtyard between the Parish Hall and Chapel. In February faculty and staff from the Art and Architecture Department at the UO met at Central for a panel discussion about preserving architecture - Central was designed by Pietro Belluschi and it is a very significant building in Eugene and Oregon. I have met with Julia Simic, head of metadata and digital production at the UO Library, and she has offered to work with me in digitizing selected architectural plans and drawings in the CLC Archives which date back to 1948 and to 1954 when the sanctuary was built. Future plans and tasks include writing collection and access policies, organizing and identifying photographs, and building an electronic archives for both selected textual records as well as photographs, negatives, and slides and eventually audio and video media.

I want to thank the Council, Endowment, and Pastor Stan for their support and to Don and Ellen Rasmussen and Kristi Hoiland for all their help in establishing the Archives. If you would like to see the Archives or to do research in any of the collections in the Archives, please contact me at: [clcarchives2@gmail.com](mailto:clcarchives2@gmail.com)



**HELPFUL REMINDERS FROM THE CHURCH OFFICE:** If you would like announcements in the Sunday bulletin they are due in the church office Thursdays at 10am. Articles for the newsletter are due in the church office noon on Friday, July 17. Please coordinate the use of the church for meetings, etc., with Kristi in the office so all groups may be accommodated. Thank you